**Program Department**   School of Kinesiology and Recreation

**Submission Date**  Monday, November 11, 2024

**Initiator**   Peter Smith

**Email**   pjsmit2@ilstu.edu

**Phone**   438-3553

**Campus Address**   5120 School Of Kines

**Initiator Department**   School of Kinesiology and Recreation

**Coauthor(s)**   Justin Stanek (jmstane@ilstu.edu), Chelsea Boyer (cakuehn@ilstu.edu), Hayley Ericksen (hmeric1@ilstu.edu), Noelle Selkow (nselkow@ilstu.edu)

**Version**   5   **ID**   516

**Title of New Program**   Accelerated Athletic Training Sequence

**Proposed Starting Catalog Year**   2025-2026

**1.**

**Proposed Action**

New Major

New Minor

✓

New Sequence

New Certificate

More than 50% of courses in this program are Distance Education

**Sequence Major**

Accelerated Athletic Training

**2.**

**Provide *Undergraduate Catalog* copy for new program.**

**Accelerated Athletic Training Sequence**

Program admission requirements: First-time in College Students (FTIC) may apply directly to the accelerated athletic training sequence at the time of application. After earning 30 credit hours, the student will be asked to submit an internal application, resume, goal statement, 3 letters of recommendation, and complete a formal interview with program faculty. Students must also maintain a minimum of 3.20 ISU GPA and receive a "C" or better in all pre-requisite courses to remain in the accelerated sequence and remain eligible for admission to the graduate program. Students who do not remain in the accelerated athletic training sequence, will be placed in the allied health professions sequence. Students should consult with their undergraduate academic advisor.

**Major Requirements**

Minimum required credit hours: 63

CHE 140  
FCS 102  
HSC 105  
PHY 108  
KNR 164  
KNR 257  
KNR 280  
KNR 282  
KNR 303  
KNR 307  
KNR 309  
KNR 311  
KNR 313

Take 1 of the following options  
BSC 181  
KNR 181 and KNR 183

Take 1 of the following options  
BSC 182  
KNR 182 and KNR 184

Take 1 of the following  
BSC 196  
BSC 197

Take 9 credit hours from the following  
CHE 141  
KNR 305  
KNR 345  
KNR 353  
PHY 109

**Notes**

* Recommended graduate-level general electives that will count towards the 120 hours required to graduate: KNR 401, 402, 403, 409, 484, 492a01
* Up to 17 credit hours of graduate coursework may count towards both the undergraduate and graduate programs.
* To graduate in the Accelerated Sequence students must complete at least one graduate level course
* Students in the accelerated sequence must apply to the graduate program in the fall of their junior year and must be in good standing to be admitted.

**Plan of Study**

The requirements below pertain to this Undergraduate Catalog year and are intended as a guide for academic planning. Students should consult with their academic advisor to discuss their individual plan of study.

Min. of 120 total credit hours required, including 42 senior level hours (200-300 level)

First Year - Fall Semester (15 credit hours)  
PHY 108 (5)  
ENG 101 (3)  
Gen ED-PSY 110 (3)  
Gen ED-MAT 120 (4)

First Year - Spring Semester (15 credit hours)  
CHE 140 (4)  
KNR 181/183 (4)  
BSC 196 or 197 (4)  
Gen ED-COM 110 (3)

First Year - Summer Semester (3)  
Gen ED-LH (3)

Second Year - Fall Semester (17 credit hours)  
KNR 182/184 (4)  
KNR 164 (3)  
Gen ED-QR (3)  
Gen ED-UST (3)  
Gen ED-FA/AMALI (3)  
Elective (1)

Second Year - Spring Semester (16 credit hours)  
KNR 280 (3)  
KNR 282/B.S. SMT (3)  
FCS 102 (3)  
HSC 105 (3)  
Gen ED-HU (3)  
Elective (1)

Second Year - Summer Semester (3 credit hours)  
KNR 257 (3)

Third Year - Fall Semester (16 credit hours)  
KNR 303 (3)  
KNR 307 (3)  
KNR 309 (3)  
KNR 345-Major Elective (3)  
Gen ED-ICL/IDEAS (3)  
University elective (1)

Third Year - Spring Semester (16 credit hours)  
KNR 311 (3)  
KNR 313 (3)  
KNR 305 (3)  
KNR 353 (3)  
200-300 Elective (3)  
University elective (1)

Third Year - Summer Semester (5 credit hours)  
KNR 401 or University-wide elective (2)  
KNR 402 or University-wide elective (3)

Fourth Year - Fall Semester (14 credit hours)  
KNR 403 or University-wide elective (3)  
KNR 409 or University-wide elective (3)  
KNR 484 or University-wide elective (3)  
KNR 492a01 or University-wide elective (3)  
University elective (2)

**3.**

**Provide a description for the proposed program.**

The proposed revisions involve adding a third sequence to the Exercise Science major that is specifically aligned with allowing an option for an accelerated masters degree in athletic training. The additional sequence does not require any new courses. Instead, it slightly adjusts the plan of study to allow students to take the pre-requisite courses for the MAT during the first 3 years of the sequence and allows students to begin to take graduate courses following the completion of their third year. The graduate courses will be shared to finish the requirements for the undergraduate sequence and follows the graduate policy for accelerated undergraduate sequences.

**4.**

**Provide a rationale of proposed program.**

Accelerated Master's programs are designed to enhance the opportunities for advanced training for ISU’s most talented undergraduates. Because of the recent shift in degree level for students pursuing an athletic training degree, many institutions have started offering accelerated plans. These plans are great recruiting tools for students to spend all 5 years at the institution, rather than only coming for the 2-year, stand-alone program. Currently, Northern Illinois University has developed an accelerated athletic training program, and to our knowledge, they are the only other state university program to offer an accelerated option. By creating this accelerated program, we will remain competitive in the marketplace for targeting highly talented students.

**5.**

**Describe the expected effects of the proposed program on existing campus programs (if applicable).**

We do not anticipate a significant change to the existing Exercise Science major. Currently, students interested in pursuing the Master of Athletic Training program are advised to study within the Allied Health Professions track of the Exercise Science major. All of the courses within this plan of study are currently part of that track, so no existing courses are needed to be added. This third track will only be for highly talented students. However, the option of an accelerated Master of Athletic Training degree may attract higher numbers to the university, thus potentially increasing overall numbers to one of the sequences within the Exercise Science major.

**6.**

**Provide a sample four-year plan of study that fulfills the following requirements:** 120 hours, 42 senior college hours (200 and 300 level courses) for 2023-2024 and earlier catalog years; 40 senior college hours for 2024-2025 and later catalog years, and 39 General Education Program hours or 36 hours with exemption. If the program is a BS program, show the BS-SMT degree requirement. If the program is from CAS, show Foreign Language Requirement (LAN 111/LAN 112). IDEAS and AMALI graduation requirements. Confirm General Education requirement exemptions on the General Education page of the current Academic Catalog.*4-year plans are not required for minor or certificate program proposals.*

**General Education (40 credit hours)**

ENG 101 (3), PSY 110 (3), COM 110 (3),Gen-Ed-MAT (4), Gen Ed-QR (3), Gen Ed-LH (3), Gen Ed-UST (3), Gen Ed-FA (3), Gen Ed-HU (3), Gen Ed-ICL (3), 9 credit hours of university electives

**Major Requirements (63 credit hours)**

PHY 108 (5), CHE 140 (4), KNR 181/183 (4), BSC 196 or 197 (4), KNR 182/184 (4), KNR 164 (3), KNR 280 (3), KNR 282 (3), FCS 102 (3), HSC 105 (3), KNR 257 (3), KNR 303 (3), KNR 307 (3), KNR 309 (3), KNR 311 (3), KNR 313 (3), 9 credit hours from: KNR 305 (3), KNR 345 (3), KNR 353 (3), PHY 109 (5), CHM 141 (4)

**Graduate Courses (17 credit hours)**

KNR 401 (2), KNR 402 (3), KNR 403 (3), KNR 409 (3), KNR 484 (3), KNR 492a01 (3)

**7.**

**Describe the expected curricular changes required, including new courses. If proposals for new courses have also been submitted, please reference those related proposals here:**

No curricular changes are necessary. All courses required within this plan of study are currently offered.

**8.**

**Anticipated funding needs and source of funds.**

No additional funding needs are expected at this time. However, the Exercise Science major continues to grow, and this growth has caused some sections of classes to be larger than ideal. Thus, there could be a future need for additional instructional capacity to increase offerings of some of the upper-level Exercise Science classes.

**9.**

**No**

**Does this program count for teacher education?**

**10.**

**No**

**Is this an Interdisciplinary Studies program?**

**11.**

**The following questions must be answered.**

**Yes**

Have you confirmed that Milner Library has sufficient resources for the proposed program?

**No**

Are more than 120 hours required to complete a degree with this major?

**No**

Beyond General Education, does the major require more than 66 semester hours?

**Yes**

Does this sequence (if in a major) require more than 55 semester hours of courses in the major department/school?

**Yes**

Does this program stipulate specific general education courses offered in the major department/school as a part of the major requirements only if such courses serve as prerequisites for other courses required by the major?

Explain why specific general education courses are required.

PHY 108: General Physics is required because it is a pre-req for KNR 282: Biomechanics of Human Movement

**Yes**

Does this program stipulate specific course requirements (majors/sequences only) that also satisfy general education and/or IAI requirements?

Please specify those courses below.

BSC 196: Biological Diversity or BSC 197: Molecular and Cellular Basis of Life  
CHE 140: General Chemistry I  
PHY 108: General Physics

**No**

Is the proposed program intended to be longer than four years (as indicated by the plan of study)?

**N.A.**

Have letter(s) of concurrence from affected departments/schools been obtained?  
*A departments/school is affected if it has a program with significant overlap or if it teaches a required or elective course in the program.*

*If new window does not appear after clicking the View Support button,  
please disable the "pop-up blocker" feature of your internet browser.*

**Financial Implications Form**

*If new window does not appear after clicking the View Financial Implications button,  
please disable the "pop-up blocker" feature of your internet browser.*

**12.**

**Routing and action summary for New Program:**

[**Proposal Routing**](https://registrarforms.illinoisstate.edu/CurriculumForms/Support/Routing.aspx)

**1. School of Kinesiology and Recreation Department Curriculum Committee Chair**

*Tyler Kybartas (website)*

Tyler Kybartas

9/26/2024 11:09:51 AM

Signature

Print

Date

**2. School of Kinesiology and Recreation Department Chair/School Director**

*Noelle Selkow (website)*

Noelle Selkow

9/26/2024 2:26:28 PM

Signature

Print

Date

**3. College of Applied Science and Technology College Curriculum Committee Chair**

*Micheal Rowley (website)*

Micheal Rowley

11/11/2024 11:20:15 AM

Signature

Print

Date

**4. College of Applied Science and Technology College Dean**

*Cara Rabe-Hemp (website)*

Cara Rabe-Hemp

11/11/2024 11:35:28 AM

Signature

Print

Date

**5. University Curriculum Committee Chair**

*Joshua Newport (website)*

Joshua Newport

3/5/2025 9:17:23 AM

Signature

Print

Date

All new programs (majors, minors, sequences, certificates) are routed by the U.C.C. to the Academic Senate

**Comments**

**Comments from Version 1 from Tyler Kybartas ( Department Curriculum Committee Chair):**  
1. Update the Health and Human Performance Sequence (i.e. take out option #2). Update from the current catalog.  
2. In the 'Plan of study' support document remove Spring 2028 (end it at 120 Hours).  
3. In the 'Plan of study' support document add AMLI in Fall 25 (GEN ED-FA/AMLI), IDEAS in Fall 26 (GEN-ED-ICC/IDEAS), and B.S. SMT in Spring 26 (KNR 282/B.S. SMT).  
4. Change the title of "Peter Smith New Program Proposal..." to the correct title.  
**Comments from Version 2 from Micheal Rowley ( College Curriculum Committee Chair):**  
Please revise the formatting as discussed in the meeting with curriculum on October 16.  
**Comments from Version 3 from Micheal Rowley ( College Curriculum Committee Chair):**  
Under section 2, for plan of study, the last semester, it says “Third Year - Fall Semester (14 credit hours)”, We think it should be “Fourth Year – Fall ……  
**Comments from Version 4 from Micheal Rowley ( College Curriculum Committee Chair):**  
Please attach the signed FIF in the Support tab.