

Revise 400 and 500-Level Graduate Course Proposal
Illinois State University - Graduate Curriculum Committee

Program Department School of Kinesiology and Recreation
Subject Kinesiology and Recreation
Initiator Scott Pierce
Phone 348-4440
Initiator Department School of Kinesiology and Recreation
Coauthor(s) Elizabeth Sattler (easattl@ilstu.edu)
Course Number 408
Title of Course Psychosocial Athlete Development
Associated Program Proposal(s):
New Graduate Program proposal titled *Sport Coaching and Leadership Certificate (Online)*

Submission Date Thursday, October 19, 2023
Email swpierce@ilstu.edu
Campus Address 5120 Kinesiology & Recreation
Version 3 **ID** 1320
Proposed Starting Catalog Year 2024-2025
Abbreviated Title Psychosocial Athlete Developme

1. Provide course description for the original course as it appears in [Course Finder](#).

In-depth examination and analysis of current knowledge, theory and practices related to the psychosocial development of youth in sport.

Provide proposed course description for the revised course including course number, title, hours, prerequisites/restrictions and a 50-word description.

Course Number: KNR 408

Course Title: Psychosocial Athlete Development

Credit Hours: 3

Prerequisites/restrictions: None

Description: In-depth examination and analysis of current knowledge, theory and practices related to the psychosocial development of youth in sport.

2. Provide a description of the change(s) (i.e. revision of the number, level, prerequisites, title, content, hours) and give a brief rationale to support those changes.

The proposed change is for the course name only. This proposal seeks to change the name from "Current Topics in Youth Sport" to "Psychosocial Athlete Development" for two reasons. First, this change will better describe the course to students and align more specifically with the catalog description and course content. Second, this change will better serve the new Sport Coaching and Leadership graduate certificate program. As this will be a required course in the new certificate program, this name will align more closely with the certificate program objectives of enhancing student knowledge related to coaching athletes in sport and supporting their psychosocial development.

3. Course Information.

Describe the approximate student performance evaluation methods (including a possible grading scale) that will govern the course.

Required Student Tasks/Assignments:

1. Comprehensive Exam - students will complete one written exam at the end of the semester that covers all course material.
2. Critical Youth Sport Reflection Presentation - students will link personal experiences with theoretical perspectives and conduct an oral presentation.
3. Youth Sport Observation Assignment - students will conduct a systematic field observation of youth sport events along with a written report.
4. Coaching/Parent Education Program Design - students will design an educational program for coaches or parents and create a written paper and oral presentation.
5. In-class and/or homework assignments - students will complete a series of in-class and homework activities throughout the semester (e.g., in-class debates, discussions, mini-group assignments, current event reviews).

Evaluation Methods:

1. Comprehensive Written Exam 30%
2. Critical Youth Sport Reflection Presentation 10%
3. Youth Sport Observation Assignment 15%
4. Coaching/Parent Education Program Design 20%
5. In-Class and Homework Assignments 25%

TOTAL 100%

Grading Scale:

- A 90 - 100%
 B 80 - 89.99%
 C 70% - 79.99%
 D 60% - 69.99%
 F less than 60%

3 contact hours of lecture per week.

0 contact hours of lab per week.

4. Explanation of Prerequisites.

No Will this course have prerequisites/restrictions that are different than those currently shown in the current *Graduate Catalog*?

5. Associated Proposal Information.

Yes Is this course a requirement or an elective in a new or revised program proposal which has been or will be submitted?

Enter Program Title(s).

Psychology of Sport and Physical Activity Sequence

No Does this 400-level course have a 300-level equivalent?

No Is this course cross-listed?

Will this course, as revised:

No replace any existing course(s)? *(Catalog copy will indicate "Formerly...")*

N.A. count for credit if a previous course has been taken?

*(If this course substantially duplicates content in another course and the catalog should read "not for credit if had", indicate by clicking **NO**.)*

No May this course be repeated for credit?

No Does this course count towards teacher education?

No Is this a study abroad course?

No Is this course, as revised, only offered CREDIT/NO-CREDIT?

Yes Will this course be offered as distance education?

Check appropriate distance education statement.

√ Whether or not this course is offered through distance education varies by semester.

6. **Routing and action summary for Revised Course:****1. School of Kinesiology and Recreation Department Curriculum Committee Chair**

<u>Justin Stanek (website)</u>	<u>Justin Stanek</u>	<u>10/3/2023 9:57:48 AM</u>
Signature	Print	Date

2. School of Kinesiology and Recreation Department Chair/School Director

<u>Brent Beggs (website)</u>	<u>Brent Beggs</u>	<u>10/3/2023 1:26:59 PM</u>
Signature	Print	Date

3. College of Applied Science and Technology College Curriculum Committee Chair

<u>Elizabeth Sattler (website)</u>	<u>Elizabeth Sattler</u>	<u>10/20/2023 9:38:03 AM</u>
Signature	Print	Date

4. College of Applied Science and Technology College Dean

<u>Cara Rabe-Hemp (website)</u>	<u>Cara Rabe-Hemp</u>	<u>10/20/2023 9:41:01 AM</u>
Signature	Print	Date

5. Director of Graduate School

<u>Noelle Selkow (website)</u>	<u>Noelle Selkow</u>	<u>11/3/2023 9:42:36 AM</u>
Signature	Print	Date

Comments from Version 1 from Justin Stanek (Department Curriculum Committee Chair):

Missing syllabus.

Comments from Version 2 from Elizabeth Sattler (College Curriculum Committee Chair):

- Syllabus; change K408 to KNR 408
- Syllabus; students outcomes; change to “Students will be able to:”
- Syllabus; 5th assignment has “Student Performance” at the end, either delete this or add to the curriculum form
- Syllabus is missing a tentative course schedule
- Section 5; first question should be Yes
- Motion to approve pending changes and FIF; motion approved

